

.....
*"I know what it is to suffer. I
know what it is to feel hopeless.
I know what it feels like to give
up on dreams and goals. And I
also know what a mistake it is
to give up."*
.....



day 2

In 2020, the world lost Angela Madsen, a Parolympic rower, who died while attempting a solo row from California to Hawaii. Angela's story is heartbreaking, yet tremendously inspiring. Read about Angela and her journey [here](#).